

1980 Region 4AA- May 20 & 22 at Stillwater

Teams: Mounds View 77.5, North St. Paul 77, Blaine 58, Forest Lake 51, Anoka 38, Coon Rapids 38, Stillwater 38, Irondale 34, Hill-Murray 24, White Bear 19, Spring Lake Park 15, Elk River 11.5, Columbia Heights 8, Centennial 4, Mariner 3, Tartan 0.

110 Meter High Hurdles

- 1 Todd Borowicz, NSP 14.9
- 2 Scott Kohls, FL 15.0
- 3 Patz, MV 15.4
- 4 Hartlieb, BI 15.5
- 5 Bohanon, Ano 15.5
- 6 Drake, Ano 15.6

100 Meter Dash

- 1 John Irber, CR 11.0
- 2 Jim McLaughlin, BI 11.2
- 3 Godeke, Ir 11.3
- 4 John Proulx, FL 11.3
- 5 Samuel, MV 11.4
- 6 Dwyer, SpLP 11.4

1600 Meter Run

- 1 Steve Rogers, BI 4:24.5
- 2 Dave Ratte, Sti 4:27.4
- 3 Anderson, NSP 4:31.9
- 4 Johnston, Ano 4:32.0
- 5 Brown, Sti 4:33.0
- 6 Casale, CR 4:36.5

400 Meter Relay

- 1 Mounds View 44.0
- 2 Blaine 44.1
- 3 Forest Lake 44.6
- 4 Stillwater 45.0
- 5 Spring Lk Pk 45.1
- 6 Anoka 45.2

400 Meter Dash

- 1 John Yorkovich, NSP 50.0
- 2 Jim Herbert, Ir 50.2
- 3 Kropp, Ano 51.2
- 4 Singer, HM 51.3
- 5 Robertson, MV 51.3
- 6 Mergens, Sti 51.6

300 M Intermediate Hurdles

- 1 Kurt Patz, MV 39.6
- 2 Scott Kohls, FL 39.6
- 3 Borowicz, NSP 40.6
- 4 Shackle, Cent 40.9
- 5 Barnier, ER 41.4
- 6 McMillan, MV 41.4

800 Meter Run

- 1 Dale Shimek, BI 1:56.0
- 2 Mike Wolf, CoH 1:56.5
- 3 Mancheski, NSP 1:57.6
- 4 Heubner, BI 1:57.7
- 5 Nugent, MV 1:58.2
- 6 Lundquist, MV 1:59.6

Sprint Medley Relay

- 1 Mounds View 3:34.9
- 2 Blaine 3:35.0
- 3 Coon Rpd 3:39.9
- 4 North St Paul 3:40.3
- 5 Anoka 3:42.5
- 6 Mariner 3:43.0

200 Meter Dash

- 1 John Irber, CR 22.3
- 2 Joel Godeke, Ir 23.0
- 3 Collins, MV 23.1
- 4 Arnold, WB 23.2
- 5 Alexander, Mari 23.2
- 6 Yorkovich, NSP 23.2

3200 Meter Run

- 1 Tony Olson, NSP 9:28.9
- 2 Jim Moylan, NSP 9:44.6
- 3 Sevenich, H-M 9:58.1
- 4 Thurmes, H-M 9:58.1
- 5 Enebak, Ano 10:05.0
- 6 Pulja, SpLP 10:09.5

1600 Meter Relay

- 1 Spring Lake Pk 3:24.0
- 2 Irondale 3:25.5
- 3 Blaine 3:25.8
- 4 Mounds View 3:25.9
- 5 North St. Paul 3:26.3
- 6 Stillwater 3:28.8

High Jump

- 1 Dave Strobel, H-M 6-9
- 2 Brett Bohanon, Ano 6-7
- 3 Dave Windberg, FL 6-5
- 4 Jim Herbert, Ir 6-4
- t5 Woodward, MV 6-2
- t5 Pat Spence, FL 6-2
- t5 Petroff, CR 6-2

Pole Vault

- 1 Pete Carlson, MV 13-4
- 2 Dana Miller, Sti 13-4
- 3 John Proulx, FL 13-0
- 4 Aguilar, NSP 13-0
- t5 Rethke, MV 13-0
- t5 Zerwas, ER 13-0

Long Jump

- 1 Brett Bohanon, Ano 22-0
- 2 Mike Donahue, ER 21-6.5
- 3 Parnell, MV 20-11.5
- 4 Janssen, Ano 20-9.75
- 5 Bob Proulx, FL 20-9.25
- 6 Anderson, MV 20-7

Shot Put

- 1 Matt Wolfe, CR 57-1
- 2 Mike Stratton, Sti 55-10.5
- 3 Dan Lindgren, FL 55-10.25
- 4 Rohde, MV 52-11.5
- 5 Wahl, WB 52-7.75
- 6 Tessier, WB 51-11.75

Discus

- 1 Blake Stahnke, NSP 164-5
- 2 Kurt Wahl, WB 157-3
- 3 Stratton, Sti 156-7
- 4 MeKeag, WB 149-4
- 5 Dan Lindgren, FL 149-3
- 6 Nordberg, SpLP 140-3

Notes: Mounds View was coached by Bob Stewart.